

CU Jiu Jitsu Class Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FULL REST DAY	1-1 Private Lessons and Personal Training Available	1-1 Private Lessons and Personal Training Available	1-1 Private Lessons and Personal Training Available	1-1 Private Lessons and Personal Training Available	1-1 Private Lessons and Personal Training Available	
					Small Group Private Lessons (6 PERSON MAX)	
	5:00 PM Kid's Karate	5:00 PM Kids BJJ (Gi)	5:00 PM Kid's Karate	5:00 PM Kids BJJ (Gi)	5:00 PM Kids BJJ Comp Training (No Gi)	12-1:30pm Teen/Adult BJJ (No Gi) All-Levels Sparring
	6-7:30 PM Teen/Adult BJJ (Gi) Fundamentals/All	6-7:30 PM Teen/Adult BJJ (No-Gi) Fundamentals/All	6-7:30 PM Teen/Adult BJJ (Gi) Fundamentals/All	6-7:30 PM Teen/Adult BJJ (No Gi) Fundamentals/All	6-7:00 PM Teen/Adult BJJ (Gi) Fundamentals/All	Open Gym until 2pm
		7-7:30PM Teen/Adult No-Gi Competition Class			7-7:30PM Teen/Adult Gi Competition Class	
	Open Gym until 8pm	Open Gym until 8pm	Open Gym until 8pm	Open Gym until 8pm	Open Gym until 8pm	
2408 N MARKET ST, CHAMPAIGN, IL 61822 // WWW. CU-BJJ.COM // 630-557-6323						

Class schedule is subject to change. Members get email for notices about class changes/cancellations!